



Coaches Corner

Robert Persechino &
Hélène Desmarais

Congratulations to all Panthers gymnasts that have competed this year. We hope you were able to achieve your goals and are ready to set new ones for next season.

Looking back at a fantastic season of exciting competitions and personal achievements.

Provincials:

Congratulations to our Level Champions, Category winners and Event Champions. A brief review of Panthers' Gymnasts results will be posted on the web by the end of June.

Nationals:

Congratulations to all gymnasts who made the Manitoba team to the Canadian Gymnastics Championships hosted in Mississauga Ontario in early June.

We are Pleased to announce that Manitoba came 4th as a team and some gymnasts came back with awards.

Congratulations Jholeen Ponce 6th all around in the open division, 3rd on vault and 4th on beam.

Stephanie Monkman National Vault Champion in the Open division.

Alexandra Regier received the Silver medal on Vault in the High Performance Junior Category.

Toni Montanti and Michelle Dewyn were finalists at Nationals.

A brief report will be posted on the web by the end of June.

Summer Camp:

As always, all returning competitive gymnasts are required to register this summer for the competitive summer camp. It is important to continue your training over the summer as this is when all the bases and foundations are built and revisited in order to develop new skills during the pre-competitive season.

Take advantage of the early bird discount. When you register early you not only get a price break but you help us to better plan our summer camp.

Ther competitive physical preparation weeks will start soon. Forms are available at the front desk in the lobby for those gymnasts who have been invited to attend.

Have great a vacation, be safe, and have fun!



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Quote of the Month:

"Never look back and say:

I should have..."



Coaches Corner (cont'd)

Desiree Loutit

Well, the season is ending and it all went so fast. Summer Camp is just around the corner and it seems we've only just started.

A big thank-you to all the parents who have helped me this year. The volunteers were amazing this year, and thank you also to all of the people who go the extra mile to help out, even when they don't have to. The year was a successful one only with a lot of help and support from a great bunch of parents.

Rainbow Stage is going to be incredible this year and all the kids are so excited to perform their routines. They've all worked very hard. I look forward to seeing you there.

Have a safe and happy break.
See you at Summer Camp!

DON'T FORGET...

**SUMMER CAMP
IS COMING**

**SIGN UP NOW AND
GIVE YOUR CHILD
A GREAT
FUN-FILLED
SUMMER
EXPERIENCE**

See office for details

Panning for Yukon Gold

A Rookie's Westerns

Never having been apart of such a grandiose competition including so many athletes from clubs spanning from British Columbia to Manitoba to the competition site itself, the Yukon, I was feeling a little overwhelmed with all that lay ahead at my first Westerns.

Once arrived, the Yukon was an immediate source of beauty, but for the next few days the only light anyone would see was the fluorescent lit hockey arena that hosted the competition. Team Manitoba made an impression from day one, arriving in their new flashy tracksuits, and of course claiming medals in both men's and women's events. With official competition over, we all jumped at the opportunity to break free and explore the Yukon. Learning about the gold rush, mammoths, how to shoot an arrow and their soothing hot springs made the Yukon an undeniably unique experience. As a Western's Rookie, I couldn't have asked for anything more! - *Alyssa Rajotte (Coach)*

This was my first westerns and I was lucky enough for it to be the Yukon, and that really made me even more excited! First of all westerns is a great privilege and I do know how much hard work goes into making the team. I think Lindsay and I did a wonderful job. Just being able to go and see the Yukon and see how some other Province's gymnasts compete was very interesting. The Yukon was great, going to the hot springs and to all the museums was a blast! I really hope I can do it again next year; even if its in Winnipeg. - *Jade Griffiths*



Calendar of Events



EVENT	DATE	LOCATION
Last day of Pre-Competitive classes	June 12	
Year end Windup & picnic	June 13	Rainbow Stage
Openhouse and Garage Sale 10 a.m. to 2 p.m.	June 19	Panthers Gym
Summer Camp Early Bird Registration Discount Deadline	June 21	Signup at Gym
Last day of Competitive classes	June 18	
Summer Camp	July 5 – August 27	Panthers Gym





Hospitality & Vice-President Report

Jennifer Bewski

Thanks to all the volunteers and corporate supporters who helped make both the Toyota Invitational and Wendy's Invitational meets possible and the great successes that they were. Without the volunteer help these events would not be possible.

Congratulations to all the girls who once again did a fantastic job of representing Panthers at the Provincials in Brandon and Nationals in Mississauga.

To keep up with what's happening over the summer make sure we have your email address and check out the bulletin board/ lobby window . There are lots of upcoming events to look forward to; Rainbow Stage, 1st Annual Garage Sale and the ever popular TCBY which will be available all summer. We are also looking into the possibility of some displays which give the girls a chance to show off all those cool skills they've learned.

Bingo Report

Teresa Montanti

Thanks to all who worked Bingos this year. Keep watching the bulletin board for new sign up sheets. Bingos will be available throughout the summer.

Winnipeggers Love a Discount....

This Fall we will be raising our rates, but if you remitt your fees (payment in full) by July 15, 2004 you can lock in at last year rate. As true Winnipeggers, we know that you won't be able to resist this bargain.

New Program — "Refer A Friend"

For every referral you make that signs up for the 2004/5 season you will recieve either a \$10.00 discount off your registration fees or one hour credited to your volunteer assessment — your choice. This program is available to all gymnasts participating in any of our fall programs from Kindergym up to the National level.

Thank you to our many corporate sponsors for the Wendy's Invitational:

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Sobeys 1500 Dakota
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Edwards Family
Focus Hyundai
Keystone Ford
A Child's Place
Splitz
Salon Tika
Fun Mountain
Weedman
Bewski family
Premier Chiropractic
Performance Healthware
Safeway – Fermor & St. Anne's
World of Water Dakota
Schneiders
Wendy's
Appologies if we missed anyone





Notice Board



Garage Sale / Bake Sale / BBQ - June 19, 2004 8:30 – 3:00 in the parking lot (in event of rain will be held indoors). Donations can be dropped off at the gym any time. It's a great chance to get rid of that clutter that you just don't know what to do with that's sitting in the basement or garage.

All proceeds from sold items to Panthers. Any unsold items will be sent to charity.

OPENHOUSE June 19, 2004 10-2 - Tell all your friends to bring their kids to Panthers. There will be a circuit set up and chance for the kids to try it out.

TCBY CARDS ARE HERE!!!! - For all you TCBY fans, you can now prepay. Cards for 10 yogurts are available for \$20.00. Cards will be kept in the gym in a box by group and each time you purchase a yogurt your card will be stamped. A special TCBY freezer is on its way and coaches will open it up at the end of practice or during breaks for anyone interested. Moms & Dads are welcome to purchase a card as well.

EMAIL ADDRESSES WANTED! To ensure you receive your copy of the newsletter and keep up to date with all the club events please provide Sandra with your email address.



Canadian Tire Dollars?

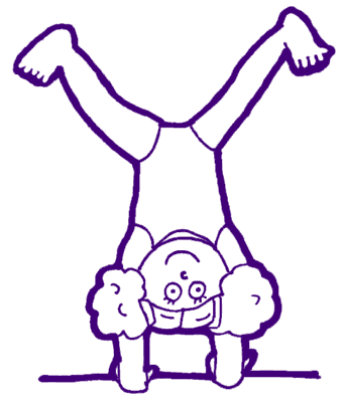
If you are wondering what to do with your Canadian Tire money why not donate to Panthers.

The Club can use those dollars to purchase cleaning supplies and other items needed to maintain our club.



Why I love Panthers

I like coming to Panthers to see all of my friends. I like to train. I like coming to compete. I like how much support coaches give. I like all coaches. - Justin Linton.



From top to bottom this is a first-rate training center! Our daughter has been able to make a smooth and successful transition from community to competitive level. Her instruction has been a fabulous blend of encouragement and challenge to improve. People in leadership exhibit professionalism in combination with down-home friendliness. Throw in a top-notch facility and lots of opportunity for parent involvement, and you have all the pieces in place. Bravo, Panthers! - Parents of Danae Froese

Volunteer Report

Ruth Schappert

As we get ready for Rainbow Stage I want to thank all of the volunteers this year. We have many parents who volunteer more than their assessed hours and they are the reason that many of the major ongoing work gets completed. A big thank you to those parents who don't care how many extra hours they have worked over and above their assessments, you are all awesome.

The best thing about being the Volunteer Coordinator this year was hearing from other parents how much fun it was to be a volunteer; it is the easiest way to meet new people and feel part of the gym family. Other parents really liked scorekeeping or timing next to the judges. It is not very often that you get the opportunity to listen to the judges comments as a competition progresses.

June 13 2004 is the last opportunity to turn in your volunteer sheets so they can be tallied by June 15. Cheques will start to be returned for those who have completed their assessed hours starting June 1. Any families who have assessments with a balance owing will be notified starting

June 16. Watch for your cheque & note to come home with your child.

Fundraising Report

Joanne Holt

Donelli Pizza and Greenlea Greenhouse plant sale were terrific fundraisers during the month of May. The gym earned approximately \$2200.00. Thank you all for your continued fundraising efforts!!!

TCBY frozen yogurt will continue to be sold at the gym throughout the summer months. The price of the yogurt will be \$2.00 per cup. This is a nut free, healthy, low fat snack alternative to ice cream. The yogurt can be pre-purchased and we will have punch cards available at the gym. Watch for a freezer to be delivered soon!!!


The canteen will be open beginning in the fall on Saturdays from 9-2. Each competitive family will be required to work one 2-3 hour canteen shift during the course of the year. Canteen shifts will be posted during September registration.

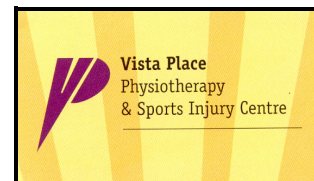
The gym-a-thon is underway!!! Our goal is to raise \$10,000 this year. Please remember to hand in your pledge forms as soon as possible. Deadline has been extended to June 12th. Prizes include a bicycle, skateboard,

sleepover or birthday party at the gym for up to 10 kids. For each \$25.00 you pledge, your name will be put in the draw one time as well as receiving a frisbee.

Grand prizes will be awarded during the Rainbow Stage show on Sunday, June 13.

The Sponsor Zone

 Thanks to our sponsors for their ongoing support.



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