

# FUN FITNESS FUNDAMENTALS

## Panthers Gymnastics Club

1016 Marion Street  
Winnipeg MB  
R2J 0K8



### Birthday Parties

Book your child's birthday party at Panthers! The gym is available for parties on Saturday nights from 6:30 - 8:30 . We provide the gym and instructor, and you provide the children.

The cost for up to ten children is \$75.00 and includes an hour in the gym and 1/2 hour in the upstairs party room. Extra children are welcome at a cost of \$5.00 per child.

Call the office at 233-0187 for more information!

**The final date for all 10 month programs is Wednesday, June 10th, 2009.**

**Classes Begin  
Monday, September 15**

**Mark your calendar!**

Panthers Gymnastics Club will be closed on the following days:

- ◆ Thanksgiving Monday, October 12
- ◆ Remembrance Day Tuesday, November 11
- ◆ Winter Break Mon. Dec 22 - Sun. Jan 4
- ◆ Louis Riel Day Monday, February 16
- ◆ Spring Break Mon. March 30 - Sun. April 5
- ◆ Good Friday Friday, April 10
- ◆ Easter Sunday, April 12
- ◆ Victoria Day Monday, May 18

Panthers requires that all registering gymnasts participate in the mandatory fundraising program. This program will ensure that there is a minimum level of funds raised to support the operations of the club and to provide effective programs and services to the members. At registration, you will be required to accept an allocation of chocolates for sale and provide a pre-authorization representing payment for the chocolates.

- ◆ Recreational Gymnasts-receive a 20 bar box of chocolates(sell for \$2.00 a piece) and give permission for a pre-authorized debit of \$40.00 on October 15, 2008.
- ◆ Competitive and Pre-Competitive Gymnasts-receive 2-20 bar boxes of chocolates(sell for \$2.00 a piece) and give permission for a pre-authorized debit \$80.00 on October 15, 2008.

The \$15.00 MGA Fee and the \$5.00 equipment replacement fee have been included in your class fee.

Registrations will be processed in the order that they are received. You will not receive further notification unless your requested class is full.

#### Family Discounts

The second and each additional child in a family pay 90% of the regular fee.

#### Payment

Registration forms for full year programs must be accompanied by payment in the form of permission for pre-authorized debits dated September 1, 2008 - May 1, 2009. **REGISTRATIONS WILL NOT BE ACCEPTED WITHOUT THIS AUTHORIZATION.**

#### Cancellation Policies

There is a one month written notice required for any gymnast withdrawing from a program. There will be no refunds after February 1, 2009.

The deposit is NON REFUNDABLE

*The current Recreational Season runs from September 15, 2008 until June 11, 2009*

*Pantherama will take place on Thursday, June 11, 2009 at Pantages Playhouse Theatre. All Panther members take part in this year-end display and may be asked to purchase a special bodysuit to wear for the occasion.*

## Recreational Programs

### 2008-2009

Phone: 233-0187  
Fax: 235-1850  
panthers@panthersgymnastics.ca  
www.panthersgymnastics.ca

# Pre School

## Movement Ed 2 years old by Dec.31 (Parent and Child)

Friday 10:45-11:30 am

*Class Fee:* \$325.00 for 10 months  
*Deposit* \$81.00  
*Pre-Authorized Payments* 8 X \$30.50

## Kindergym One 3 years old by Dec.31

Monday 10:30 - 11:30 am  
Tuesday 9:30 - 10:30 am  
Wednesday 10:45 - 11:45 am  
Wednesday 1:00 - 2:00 pm  
Thursday 10:45 - 11:45 am

*Class Fee:* \$410.00 for 10 months  
*Deposit:* \$98.00  
*Pre-Authorized Payments* 8 X \$39.00

## Kindergym Two 4 years old by Dec.31

Monday 1:00 - 2:00 pm  
Tuesday 10:45 - 11:45 am  
Wednesday 9:30 - 10:30 am  
Thursday 1:00 - 2:00 pm  
Friday 9:30 - 10:30 am

*Class Fee:* \$410.00 for 10 months  
*Deposit:* \$98.00  
*Pre-Authorized Payments* 8 X \$39.00

## Kindergym Three 5 years old by Dec.31

Monday 9:30 - 10:30 am  
Tuesday 1:00 - 2:00 pm  
Wednesday 2:00 - 3:00 pm  
Thursday 9:30 - 10:30 am  
Friday 1:00 - 2:00 pm

*Class Fee:* \$410.00 for 10 months  
*Deposit:* \$98.00  
*Pre-Authorized Payments* 8 X \$39.00

# Pre School

## Tiny Tots Born 2005/ 2006 (Parent and child)

Saturday 10:00 - 10.45 am

*Class Fee:* \$325.00 for 10 months  
*Deposit* \$81.00  
*Pre-Authorized Payments* 8 X \$30.50

## Mini Panthers Born 2003/2004

Saturday 11:00 am - 12:00 pm

*Class Fee:* \$410.00 for 10 months  
*Deposit:* \$98.00  
*Pre-Authorized Payments* 8 X \$39.00

# Trampoline

Girls and boys learn basic Trampoline skills in a safe environment using our 2 in-ground trampolines and the mini-trampoline.

## Boys and Girls 7-12 years

Saturday - 9:00 - 10:00 am  
1:30 - 2:30 pm

*Class Fee:* \$410.00 for 10 months  
*Deposit:* \$98.00  
*Pre-Authorized Payments* 8 X \$39.00

# Beginner Girls and Boys

The following programs are designed for boys and girls with little or no gymnastics experience. The classes follow the Can Gym program and the children earn certificates as skills are mastered.

## Gymnast One girls 6 and up (1 hour per week)

Wednesday 3:30 - 4:30 pm  
5:30 - 6:30 pm  
Saturday 9:00 - 10:00 am  
12:00 - 1:00 pm  
1:00 - 2:00 pm  
Sunday 6:00 - 7:00 pm  
7:00 - 8:00 pm

*Class Fee:* \$410.00 for 10 months  
*Deposit:* \$98.00  
*Pre-Authorized Payments* 8 X \$39.00

## Boys Gym boys 6-10 years (1 hour per week)

Wednesday 4:30 - 5:30 pm  
Saturday 9:00 - 10:00 am  
1:00 - 2:00pm

*Class Fee:* \$410.00 for 10 months  
*Deposit:* \$98.00  
*Pre-Authorized Payments* 8 X \$39.00

## Gymnast Two girls 6 and up (1 1/2 hours per week - some experience necessary)

Wednesday 4:30 - 6:00 pm  
7:00 - 8:30 pm  
Saturday 12:00 - 1:30 pm  
2:30 - 4:00 pm  
Sunday 6:00 - 7:30 pm

*Class Fee:* \$490.00 for 10 months  
*Deposit* \$114.00  
*Pre-Authorized Payments* 8X \$47.00

# Intermediate Girls

The following programs are for gymnasts who have had some experience and are ready to attempt more advanced skills.

## Gymnast Three and Four( girls 6 and up ) (2 1/2 hours per week)

Wednesday 4:15 - 6:45 pm  
Saturday 12:00 - 2:30 pm  
Sunday 6:00 - 8:30 pm

*Class Fee:* \$620.00for 10 months  
*Deposit* \$140.00  
*Pre-Authorized Payments* 8 X \$60.00

# Adult Classes

Especially for guys and gals 18 years and over. Try tumbling, trampolines, bars, beam and vault in a safe environment.

Sunday 8:30 - 10:00 pm

*MGA and Equipment Fee* \$17.00

*Drop-In Fee* \$10.00 per week

